



Register & Pay by May 15 to wave the \$5 Registration Fee!
 For information contact 815-901-7653/815-899-1307 or email
 sycamoreballet@live.com

Summer 2019 Dance Schedule Monday, June 24–Thursday, July 25
 NO CLASS WEDNESDAY, JULY 4
 Levels Storybook-Ballet/Jazz I/II

Monday	Tuesday Mornings	Tuesday Evenings	Wednesday
	9-10am Ballet I/II (Ages 5-8) \$70	5-5:45pm Aerial Silks Minis Studio A (Ages 6-8) \$90	5-7:30pm Mini Dance Boot Camp (Level II-IV Ages 7+)
4-5pm Circus Arts (Ages 7+) Aerial Handstands Tight Rope \$110	10-11am Hip Hop Jazz I/II (Ages 5-8) \$70	5-5:50pm Storybook Ballet Studio B (Ages 3-5) \$70	
		6-6:30pm Hip Hop Jazz Minis (Ages 3-5) \$60	
5-5:30pm Jazzy Tap Combo (Ages 3-6) \$60	11-11:50am Storybook Ballet (Ages 3-5) \$70	5:45-6:45pm Aerial I Studio A (Ages 9+) \$110	
5:30-8pm Mini Dance Boot Camp (Level II-IV Ages 7+) \$205	12-12:45pm Circus Arts (Ages 3-6) \$90	6:45-7:45pm Aerial II Studio A (Ages 9+) \$110	

The summer workshop is highly recommended to all dancers! While children are not in school they have time to focus on their dance classes and really concentrate on improving their technique. Students will progress quicker by taking multiple classes each week. Dancers in level III and up are strongly encouraged to enroll in at least 2 ballet classes per week! Students enrolled in pre-pointe are required to take 2 ballet classes per week. Tuition must be paid in full prior to the first lesson to participate in classes.



815-899-1307/815-901-7653

Register by May 15th to wave the \$5 Registration Fee!

Intermediate Level III/IV-Advanced Level V Workshop June 24-July 25
No Class Thursday, July 4

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>
9-9:45am Dancers Conditioning/Pilates	9-10:30am Ballet	9-10:30am Contemporary	9-10:30am Ballet
9:45-11:15 Ballet	10:30-11:15am Pointe Level	10:30-11:30am Choreography Class	10:30- 11:15am Pointe Variations
11:15am-12noon Musical Theatre	11:15am-12:15pm Contemporary/Lyrical	11:30am-12:30pm Jazz	11:15am- 12:15pm Conditioning with Stretch & Strength
12noon-1pm Circus Arts		12:30-1pm Improv/Silks/Circus	

Company & Competition dancers are required to take 3 Weeks of the summer workshop!

Workshop Tuition	Level III- V	If Paid by May 15
5 Weeks	\$400	\$395
4 Weeks	\$375	\$350
3 Weeks	\$350	\$325
Individual Classes	\$18 per hour	



Programs

Storybook Ballet (Ages 3-5)- Storybook Ballet is a wonderful way to introduce your child to the world of dance. Through this class the children will travel to faraway lands, dance with magical characters and return home safely! Students are greeted with a warm up and welcome dance followed by a basic stretch. They are then guided through the 5 basic positions of the feet and arms as well as a series of basic steps and proper terminology. Traveling across the floor is the next journey. Leaping and hopping over bridges, through gardens and around the rainbows! The class closes with a costume dress up, reading time and a special story dance each week. This class is sure to capture the interest and imagination of your child!

Ballet I/II (Ages 6-9)- Ballet I/II is an introduction to classical ballet. Students will begin to learn proper dance etiquette, basic barre combinations, basic centre work, and grand allegro across the floor. The students will focus on proper ballet technique, improving extension and gaining strength and flexibility. Each session students will learn the history of a famous ballet and what type of movement that ballet uses. They will learn a dance over a period of time that uses the type of movement and music for the particular ballet. Parents are invited to watch the dance at the end of the session.

Classical Ballet (Ballet III and up)- Classical Ballet consists of a full barre, complete centre work and grand allegro across the floor. Our ballet technique includes elements from the English, French, Russian and Italian methods. Dancers may prepare for college and professional programs at these levels.

Pointe & Pre-pointe- Dancers are required to enroll in 2 ballet classes per week to participate in pre-pointe classes and 3 or more ballet classes per week to participate in pointe class. Teacher discretion is required for these classes.

Lyrical/Contemporary- A combination of ballet, jazz and modern dance will be used to express emotion while using musicality and focusing on dynamic and subtle movements. Student's are required to enroll in ballet class to participate in lyrical.

Hip Hop/Jazz- Jazz dance uses many of the elements of ballet technique with a greater range of movement. Popular music and sharper movements are used to create a sense of style and funk.

Tumbling- Tumbling class explores basic stretches, tumbling exercises, and basic strengthening exercises. Students will learn handstand, cartwheels, forward rolls and much more.

Aerial Silks- Students will be introduced to aerial dance and beginning poses and movement on the silks.



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Dress Codes Required Dance Attire: www.discountdance.com Use our code TP53909

Storybook Ballet: - Mirella Cap Sleeve Pink Leotard : Style #515C (No skirts please)\$15.95

- Full Footed Pink Tights Bloch Endura Style #T0921G \$6.85**
- Pink Ballet Shoes Bloch Bunny Hops Style #S0225G \$14.65**

Kinder Storybook: - Mirella Cap Sleeve Lavendar Leotard : Style #515C (No skirts please)\$15.95

- Full Footed Pink Tights Bloch Endura Style #T0921G \$6.85**
- Pink Ballet Shoes Bloch Bunny Hops Style #S0225G \$14.65**

Ballet I (6-9 years): - Mirella Cap Sleeve Light Blue Leotard: Style #515C \$15.95

- Full Footed Pink Tights Bloch Endura: Style #T0921G \$6.85**
- Pink Ballet Shoes Capezio "Daisy" Split Sole: Style #205SC \$22.00**
- Hair Pulled Back Into Bun**

Ballet II (8-11 years):- Mirella Cap Sleeve Light Blue Leotard: Style #515C \$15.95

- Full Footed Pink Tights Bloch Endura: Style #T0921G \$6.85**
- Pink Ballet Shoes Capezio "Daisy" Split Sole: Style #205SC \$22.00**
- Hair Pulled Back Into Bun**

Ballet III & Up: -Black Leotard any Style

- Full Footed Convertible Pink Tights**
- Pink Ballet Shoes**

Jazz, Tap, Lyrical, Contemporary & Hip Hop- (All Ages)

- Black child slip on super jazz shoe by Bloch style #S0401G**
- Black booty shorts or jazz pants are optional for jazz class & musical theatre**

Boys- White t-shirt, black pants, black jazz shoes